

COVID COMMUNITY SUPPORT TEAM

Catalyst, Stockton-on-Tees Borough Council and the Borough's Voluntary, Community and Social Enterprise sector have formed the COVID Community Support Team.



If you are at staying at home because you are vulnerable or self-isolating then the team can help with:

- Shopping
- Providing essential food supplies
- Collecting and delivering prescriptions
- Walking or taking care of pets
- Listening on the phone and giving emotional support
- Putting you in touch with places that can provide advice and guidance
- Other practical help - let the team know what you need and they'll try to help.

*The Power of
Communities*



#CovidCommunitySupport

You can get in touch for yourself or contact the team on someone else's behalf.

Call: 01642 524500

Monday-Friday 9am-5pm

Saturday & Sunday 10am-4pm

Email: covidcommunitysupport@catalyststockton.org